



**Wessex MTB Enduro**  
25TH MAY 2008

COURSE DESIGNED BY  
**TOFICO**

# WESSEX MTB ENDURO INFORMATION MANUAL



# Information manual

## The Wessex MTB Enduro 25<sup>th</sup> May 2008

Welcome to the Wessex Enduro and thank you for entering.

The Wessex Enduro is part of the Wessex Cycle festival which includes the **Tour of Wessex Premier Calendar Road Race** as well as the cyclo sportive, an expo and MTB trials events.

The Enduro is based around a 10 km circuit in the grounds of Hadspen House, with route distances of 20 km, 50 km and 100 km. While the event is not a race each participant will be timed using a transponder and be awarded a finishing classification of Gold, Silver or Bronze according to age group.

The information contained in this manual will help to ensure that whichever ride distance that you have entered that your day runs smoothly and that you have a memorable experience for all the right reasons!

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### Event Overview

**Date:** Sunday 25<sup>th</sup> May 2008

**Start Time:** from 10.30am

**Start Location:** Hadspen House, Castle Cary, Somerset, BA7 7NG

**Finish Location:** Hadspen House, Castle Cary, Somerset, BA7 7NG

**Distance:** 100km (62.5 miles)

**Ascent:** 2000m (6250ft)

**Distance:** 50km (31.1 miles)

**Ascent:** 1000m (3125ft)

**Distance:** 20km (12.5 miles)

**Ascent:** 400m (1250ft)

## Registration

This takes place in the Registration tent the event HQ at Hadspen House. Registration will be open at the following times only:

Saturday 24<sup>th</sup> 17:00 – 18:00  
Sunday 25<sup>th</sup> 07:30 – 09:15

Registration desks will be marked alphabetically, please go to the appropriate desk for your surname.

As ride entries are non-transferable, you will need to register in person, so please bring some form of personal identification to verify your entry – i.e. driving licence. If for some reason you are not able to register in person, you can arrange for someone to do this on your behalf. However they will need a letter or email of authorization from you including your name and address. At registration you will be given your rider pack, please note that nothing will be sent to you by post prior to the event. Your rider pack contains:

- **Bike/Rider Number and Ties** - This is to be secured to the front of your bike for en-route identification, access to the refreshment stations and entitlement to the event support.
- **Timing Chip and Bike Clip** - This will allow us to record your start and finish time for the event and will be provided with instructions on how to secure to your bike. At registration you will be asked for a fully refundable deposit of £10. When you return your timing chip at the end of the ride, you will be given your £10 back. This deal is only available on the day, we will not be sending deposits back for chips sent by post after the event.
- **Route map**
- **Ride guide** – A check list of equipment you may require and essential information about the ride, including emergency numbers
- **Camping Pass** – This pass will enable you locate your pitch and to use the Toilet and shower facilities at the leisure centre adjacent to the camp site. Camping is no longer on site at the event area as in previous years but is located 1 km from the start and within 5 mins walk of Castle Cary Town centre.

## Car Parking

Car parking is free. The car park will be signed and have stewards, please follow their directions.

## Start Times

**Sunday 25<sup>th</sup> : 10:30**

In order that the event gets underway with the minimum of fuss, you must arrive in the start at least 10 minutes prior to your start time ready to go. On arrival go to the start holding zone. From here you will move continuously towards the start zone and be sent away in a group of approximately 50 riders, at two minute intervals.

N.B. Due to the late start time and other events taking place at the festival there will be **NO starts** outside this sequence as in previous years.

Please ride carefully and take particular care when in a group. Timing chips will be activated when you cross the mats located the start/finish line. Please listen to the announcements and follow the instructions of the marshals.

**PLEASE NOTE THE EVENT ORGANISERS ARE NOT LIABLE FOR ANY LOSS OR DAMAGE DURING THE EVENT OR THROUGH TRANSPORTATION.**

### **Signage**

The routes are comprehensively signed, with specific **yellow** and **black** event signs.

There will be large scale route maps available in your rider pack, as a rough guide. They are also available on the event website ([www.wessexenduro.com](http://www.wessexenduro.com))

### **Safety Points**

You will be riding on tracks a land with public rights of way so it is essential for your own safety and that of all other users that you comply with ALL HIGHWAY REGULATIONS.

Please ensure you obey any instructions given by the route marshal's and pay particular attention at crossings and difficult turns.

As we are providing back-up facilities we must insist that your supporters, friends and family do not bring any vehicles out on the route to follow you as this will create congestion and could be a danger to cyclists and other users.

**In the Event of an Accident** - If you are involved in a serious accident requiring immediate medical attention then ring 999, then the First Aid number listed below. There are basic First Aid kits at each of the feed stations.

**Assistance During the Ride** - Should you require assistance please phone one of the following event control numbers:

07927 400 464 – Mechanical  
TBA – Injury / Accident (First-Aid)  
TBA – General and Drop-Out

We strongly recommend that you add these numbers to your mobile phone and keep with you at all times during the event. Please do not use these numbers inappropriately.

**Riders' Code of Conduct** - You will be riding on both public and private land, so you must obey Highway Code regulations. Any rider seen not complying with the code will be reported and may be subject to sanctions including being reported to the police and being banned from future events.

**Litter** - There will be litter and recycling skips at all venues and refreshment stations. Please use them and don't drop any litter anywhere.

## **Ride Guide**

**Traffic Regulations:** Although there will be traffic management at key stages of the event, plus support from police and local authorities in planning the event, the Wessex Enduro does incorporate sections on public land, so you need to follow Highway Code regulations just as you would on a regular ride. You should be confident that you can ride in the following road conditions:

- De-restricted rural tracks
- Narrow country lanes
- Technical single track
- Riding in potentially large groups
- Varied route surfaces including mud and rock.

**Marshaling:** The Wessex Enduro will be marshaled and arrowed at key points along the route, to keep you safe and on track. Therefore, it's in your interests to follow the instructions of all marshals and event officials. You should be aware that marshals are only in place to indicate the direction you should take, not to control other traffic.

**Enduro, not Race:** The Wessex Enduro is a major non competitive event on the cycling calendar. Whilst many experienced riders will be keen to record a quick time, the event is not a race.

**What Bike?:** Front Suspension is a must!

**What to bring?:** Although the event will be supported by a mechanical service, and feed stations en-route, we still recommend that you bring a multi tool, two spare tubes, tyre levers, a working pump and adequate hydration and food. You are strongly advised to bring a mobile phone and a small amount of cash in case of emergencies, enabling you to keep in touch with event organisers. In your registration pack you will find a foldable ride guide that will fit in your jersey pocket that you should keep with you for the duration of the ride, it contains key event emergency numbers.

**What to wear?:** All riders are advised that it is compulsory to wear a correctly fitting cycle helmet that conforms to current safety standards. **Sorry, no helmet, no ride.**

Being that the event is held at the end of May, weather conditions can change rapidly! Therefore, we advise that you wear adequate layers, and to bring a waterproof jacket. We recommend that you wear proper padded cycling shorts and a pair of cycling mitts, both of which will also add to your comfort levels on what will be a long day in the saddle for even the fittest of riders. The event takes place in May and it has been known to be sunny at that time of year, so make sure you protect yourself with a high factor sun block.

**Dropping Out:** If you decide to drop out of the ride for any reason, you must let the organizers know by calling the event contact number published on your ride guide or at the information kiosk at Hadspen House so we can account for you and make arrangements for the return of your timing chip.

**Medical Cover:** First-aid cover will be provided by the Red Cross for the whole event. Please either report to the nearest marshal or call the event control on the numbers given in this pack. Please do not use this service or number inappropriately.

**Mechanical Cover:** There will be mechanical assistance located at each refreshment stop.

**Refreshments:** Refreshments are provided as follows:

- **Hadspen House** – Pre-booked breakfast will be available from 08:00 in the morning in the tea tent. Other refreshments will be available to purchase all day from 08:30 There will be hot/cold drinks, food, snacks and sandwiches.
- **En-route** - There will be three feed stations en-route.
- **Toilets** - These will be provided at the start, and finish, so there will be no need to attend to the call of nature in public!

#### **The Finish What Happens After the Finish?**

You will finish at Hadspen House, once you have passed the finish (at which point your finish time will be recorded) you will be directed into the finish area village.

You will be directed through the finish site where you will collect your medal and finishers certificate, and hand back your timing chip. Please note: (As previously stated) – non return or loss of timing chips will mean you lose your £10 deposit.

**Finish Times** - The timing service is being provided by Race Timing Systems. An alphabetical list of finishers and times will be posted on [www.wessexenduro.com](http://www.wessexenduro.com) the day after the event.

Age categories will be as follows

Women	Men	
A : 18 to 39 years	C : 18 to 29 years	F : 50 to 59 years
B : 40 years and over	D : 30 to 39 years	G : 60 years and over
	E : 40 to 49 years	H : Handisport

Time bands will be as follows for dry conditions (plus 30 mins for wet)

<b>100km (62.5 miles)</b>	<b>A &amp; B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>	<b>G &amp; H</b>
<b>Tour of Wessex Gold (Less than...)</b>	4H 30	4H 00	4H 00	4H 15	4H 30	4H 45
<b>Tour of Wessex Silver (From... to ....)</b>	5H 01 5H 30	4H 31 5H 00	4H 31 5H 00	4H 46 5H 15	5H 01 5H 30	5H 16 5H 45
<b>Tour of Wessex Bronze (Starting from...)</b>	5H 31	5H 01	5H 01	5H 16	5H 31	5H 46

Time bands will be as follows for dry conditions (plus 15 mins for wet)

<b>50km (91.7 miles)</b>	<b>A &amp; B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>	<b>G &amp; H</b>
<b>Tour of Wessex Gold (Less than...)</b>	2H 30	2H 00	2H 00	2H 15	2H 30	2 H 45
<b>Tour of Wessex Silver (From... to ....)</b>	2H 46 3H 00	2H 16 2H 30	2H 16 2H 30	2H 31 2H 45	2H 46 3H 00	3H 01 3H 15
<b>Tour of Wessex Bronze (Starting from...)</b>	3H 16	2H 31	2H 31	3H 01	3H 16	3H 16

Time bands will be as follows for dry conditions (plus 10 mins for wet)

<b>20km (91.7 miles)</b>	<b>A &amp; B</b>	<b>C</b>	<b>D</b>	<b>E</b>	<b>F</b>	<b>G &amp; H</b>
<b>Tour of Wessex Gold (Less than...)</b>	1H 15	1H 00	1H 00	1H 15	1H 30	1H 45
<b>Tour of Wessex Silver (From... to ....)</b>	1H 31 1H 45	1H 16 1H 30	1H 16 1H 30	1H 31 1H 45	1H 46 2H 00	2H 01 2H 15
<b>Tour of Wessex Bronze (Starting from...)</b>	1H 46	1H 31	1H 31	1H 46	2H 01	2H 16

**Post Event Changing Area** - There will be changing rooms and limited showers, available adjacent to the finish.

**Visitors to the cycle festival** – Your parking fee is included in your ticket price

**Event Website:** [www.wessexenduro.com](http://www.wessexenduro.com)

**General Queries:** Contact Pendragon Sports: [postmaster@pendragon-sports.com](mailto:postmaster@pendragon-sports.com) or 01963 220137

**Media Enquires:**

**Journalists:** If you need to know more about the event contact

**Riders:** If you have got a good media story for us and are happy to talk about it contact

**Accommodation in the Area:** If you want to book a place at the official event campsite please contact Pendragon Sports directly or if you would like to arrange other accommodation please contact:



Incentevents Ltd  
16 Cross Street  
Leamington Spa  
Warwickshire  
CV32 4PX

**T** 44 ( 0 ) 1926 888 027

**F** 44 ( 0 ) 1926 888 202

**W** [incentevents.co.uk](http://incentevents.co.uk)

Or [www.visitsouthsomerset.com](http://www.visitsouthsomerset.com)

## How to get to Hadspen House

The **Start/Finish, Registration and Cycle Show** are all located at Hadspen House, Nr Castle Cary, Somerset, NA7 7NG.

### Air

The closest international airports are [Bristol](#) (45 miles), [Heathrow](#) (100 miles), [Southampton](#) (60 miles), [Exeter](#) (60 miles).

- Drive time: Bristol to event - 50 mins, Heathrow to event 2 hrs.
- Train service: From Heathrow take airbus to Reading then a train to Castle Cary (Somerset). Or airbus to Woking and a train to Sherborne (Dorset).

### Sea

From St Malo, France to Poole, Dorset. 4hr 30 mins [Condor Ferries](#)

### Road

- From central London (120 miles) 2hrs - 2 hr.30 mins. Take the M3 then the A303. At Wincanton take A371 direction Castle Cary. The event HQ is 2.71 miles on the right. It will also be signed from Wincanton.
- From the West take the A303, take the exit after the Sparkford roundabout direction Castle Cary. It will be signed from here and is about 2.5 miles.
- From Bristol take the A37, then the A371 to Castle Cary. After Castle Cary continue along the A371 direction Wincanton. It will be signed from Castle Cary and is about 2.5 miles on.
- From Yeovil take the A359 North to Sparkford. Continue on the A359 direction Bruton then turn right onto the A371 direction Wincanton It will be signed from here and is 0.5 miles.
- From Sherborne take the B3148 to Marston Magna then the A359 North to Sparkford. Continue on the A359 direction Bruton then turn right onto the A371 direction Wincanton It will be signed from here and is 0.5 miles.

### Rail

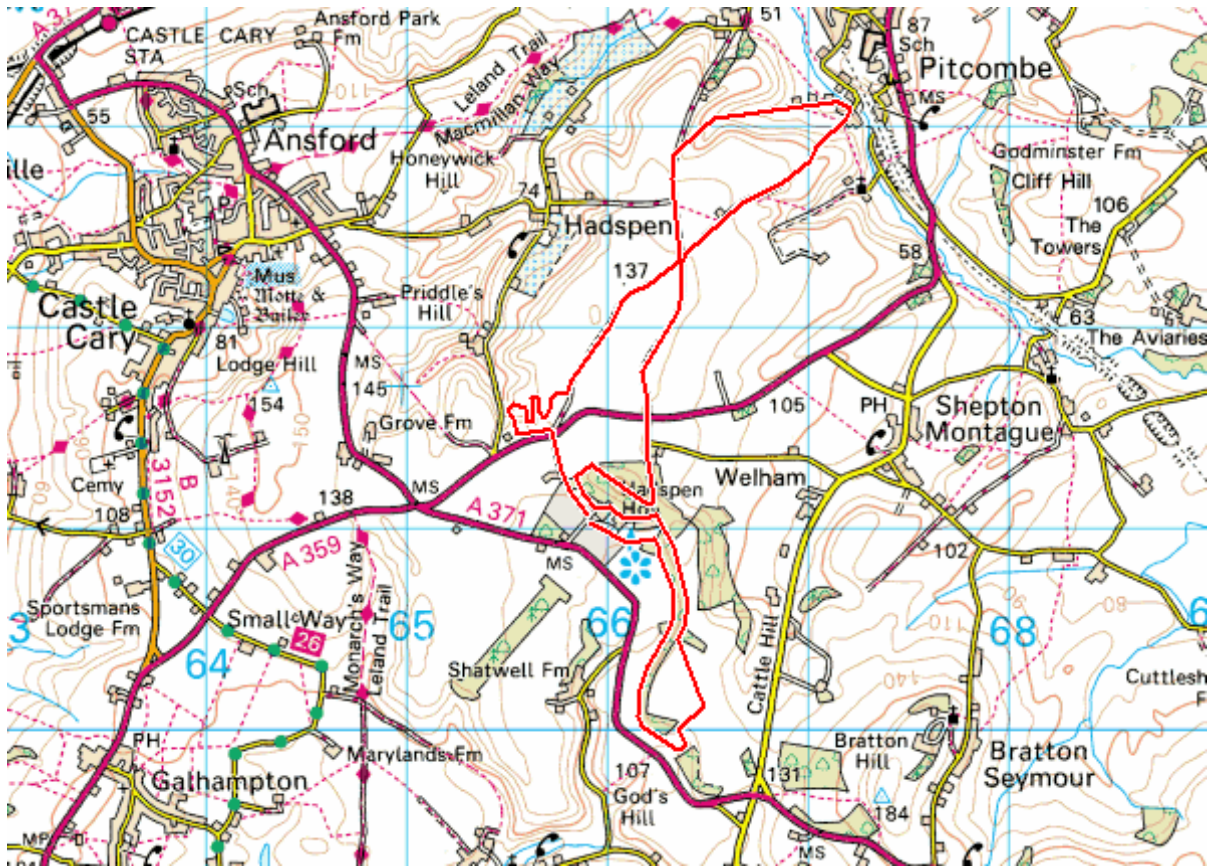
- The nearest train stations are Castle Cary (2 miles), Sherborne (7 miles) or Yeovil (9 miles) . Further information can be found at [National Rail Enquiries](#).

### Coaches

- From London (Hammersmith) to Wincanton ([Berrys Coaches](#))
- From Bristol to Yeovil ([National Express](#))

### Local Bus Services to Castle Cary

- From Yeovil ([First Buses](#))
- From Bristol ([First Buses](#))
- From Bath ([First Buses](#))
- From Taunton ([First Buses](#))
- From Bridgewater ([First Buses](#))



Sponsors and Partners



## **IF YOU ARE ILL OR INJURED OR UNABLE TO TAKE PART FOR PERSONAL REASONS**

You must be fit and well to take part in the Wessex Enduro. Severe exertion during or soon after any kind of fever is extremely dangerous. If you find yourself in this situation you must withdraw – even if this is the first time you have been accepted. If you withdraw and use the following procedures we will guarantee you an entry for the 2009 race at no extra cost. **Please note that all fees are non refundable but entries and camping fees can be transferred to 2009.**

if you wish to withdraw this is what you must do

1) Return a copy of your registration form to this address: Withdrawals, Wessex Enduro, The Old Rectory, Sutton Montis, Nr Yeovil Somerset, BA22 7HD latest postmark – 21st May 2008.

2) If you become ill or injured after you have collected your registration pack, return it to the Help Desk in Registration at Hadsen House before 4pm on Saturday 24<sup>th</sup> May or post it to the address above, latest postmark 23<sup>rd</sup> May 2008. Ill or injured people who withdraw from the 2008 event will be accepted for the 2009 race unless they have already carried their entry over from the 2007 event or if the entry was received from a charity or sponsor. **Cyclists will need to reapply to Pendragon Sports for an 'Ill or Injured' entry form for the 2009 Wessex Enduro by the 31st December May 2008.**

**WE RECOMMEND YOU RETURN THE ENTRY BY RECORDED DELIVERY – LATE ENTRY FORMS WILL NOT BE ACCEPTED UNDER ANY CIRCUMSTANCES.**

### **Contact Pendragon Sports**

The Old Rectory  
Sutton Montis  
Nr Yeovil  
Somerset BA22 7HD  
UK

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**F** +44 (0)1963 220750

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